

PROMOTION PHYSIOTHERAPY CLASSES APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
31 	1 O-C Level 2B Stephanie 11:10 A.M. - 12:10 P.M.	2	3 Pelvic Pilates Level 1 Bella 9:00 A.M.-10:00 A.M.	4 Pelvic Pilates Level 2 Bella 9:00 A.M.-10:00 A.M.	5 O-C Level 2B Bonny 11:10 A.M. - 12:10 P.M.	6
7	8 O-C Level 2B Bonny 11:10 A.M. - 12:10 P.M. 5:30 P.M. - 6:30 P.M. O-C Level 2A Arjun 1:10 P.M. - 2:10 P.M.	9	10 Pelvic Pilates Level 1 Bella 9:00 A.M.-10:00 A.M. O-C Level 2B Bonny 11:10 A.M. - 12:10 P.M.	11 Pelvic Pilates Level 2 Bella 9:00 A.M.-10:00 A.M.	12 Osteo-Yoga Michelle 11:00 AM TO 11:50 AM	13 
14	15 O-C Level 2B Stephanie 11:10 A.M. - 12:10 P.M. O-C Level 2A Arjun 1:10 P.M. - 2:10 P.M.	16	17	18 Pelvic Pilates Level 2 Bella 9:00 A.M.-10:00 A.M.	19 O-C Level 2B Stephanie 11:10 A.M. - 12:10 P.M.	20
21	22 O-C Level 2B Bonny 11:10 A.M. - 12:10 P.M. O-C Level 2A Arjun 1:10 P.M. - 2:10 P.M.	23 FIRST DAY OF PASSOVER	24	25 Pelvic Pilates Level 2 Bella 9:00 A.M.-10:00 A.M.	26 O-C Level 2B Bonny 11:10 A.M. - 12:10 P.M.	27
28 	29 O-C Level 2B Bonny 11:10 A.M. - 12:10 P.M. Arjun 5:30 P.M. - 6:30 P.M. O-C Level 2A Arjun 1:10 P.M. - 2:10 P.M.	30 LAST DAY HAPPY PASSOVER 	1 MAY	2 MAY	3 MAY	4 MAY