

OsteoCircuit

Building Better Bones

at Pro Motion Physiotherapy

LOVE YOUR BONES

WorldOsteoporosisDay
October 20

World Osteoporosis Day

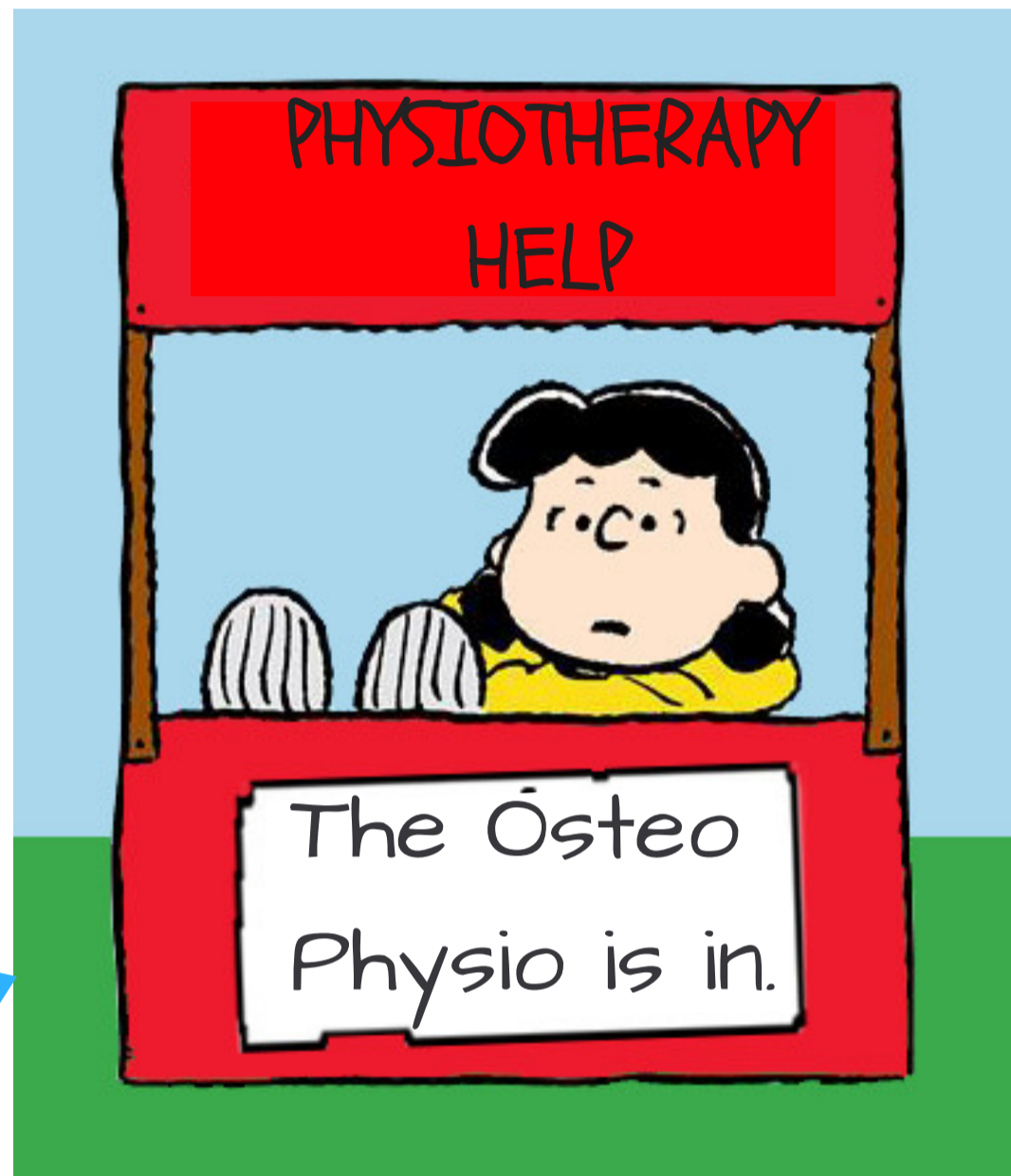
Thursday, October 20, 2016

COME ON IN



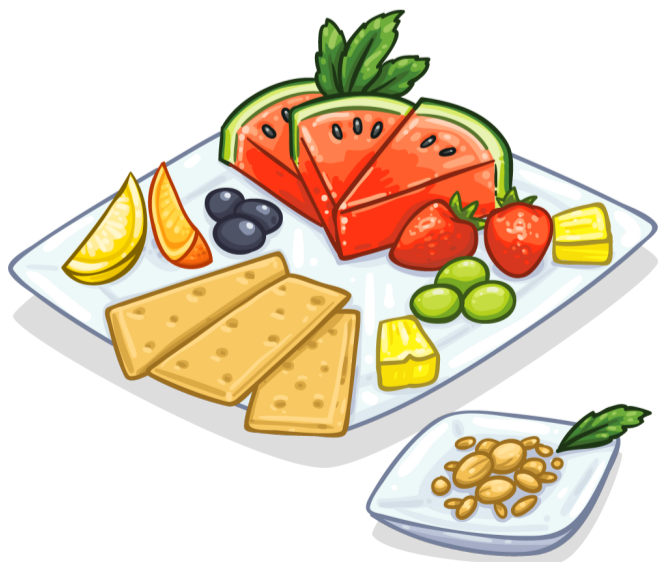
11:00 am - 1:00 pm

The Osteoporosis
Physiotherapist is in!
Have questions?
Come by and visit.



10:00 am - 4:00 pm

Join us for
Bone Healthy
snacks &
Bone Healthy
hand-outs!



Join us for a lecture on
**Osteoporosis
& Yoga**

From 6:30 pm - 7:30 pm
Presented by Polina Provad
Osteo-Circuit Physiotherapist



**Space is
Limited.**

Reserve your spot!

905.731.1991

staff@promotionphysiotherapy.com

 **PRO** MOTION
PHYSIOTHERAPY

Level 3 -The Promenade
One Promenade Circle, Thornhill, On L4J 4P8